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## Lesson 1 Understanding People

Vocabulary	Definition/ Synonym/ Antonym	Persian Meaning
a bag of	a bag of rice	یک بسته (برنج)
a bottle of	a bottle of milk	یک بطری (شیر)
a box of	a box of sugar	یک جعبه (شکر)
a cup of	a cup of tea	یک فنجان (چای)
a drop of	a drop of blood, oil	یک قطره (خون)
a glass of	a glass of water	یک لیوان (آب)
a kilo of	a kilo of meat	یک کیلو (گوشت)
a loaf of	a loaf of bread	یک قرص (نان)
a piece of	a piece of cake, paper	یک قطعه (کیک)
a slice of	a slice of cheese, melon	یک تکه (پنیر)
ability	capacity or fitness for (such) a state, use, or action	توانایی
absolutely	SYN precisely; exactly, definitely, positively, completely	کاملاً، مطلقاً
access	SYN approach, entrance	دسترس، دستیابی
add	SYN attach, combine, connect, join	اضافه کردن
additional	SYN more; added	اضافی
afraid	SYN fearful, frightened, nervous, scared, tremulous, worried	ترسیده، هراسان
amount	SYN quantity, mass	مقدار
appear	to come into view, become visible SYN emerge	ظاهر شدن، پدیدار شدن
available	SYN accessible, obtainable	در دسترس
begin	SYN start	شروع کردن
belief	a strong opinion; conviction	باور، عقیده
beside	SYN next to, at the side of	در کنار، پهلو
besides	alongside of something or someone SYN in addition to, also	علاوه بر
borrow	to take or receive (something) with the intention of returning it or something equivalent to it	قرض گرفتن
brain	the organ of the central nervous system	مغز
bread	a food made primarily with flour	نان
breakfast	the first meal of the day	صبحانه
broadcasting	to transmit over television or radio	بخش برنامه (تلویزیون، رادیو)
by means of	with the aid of; through the use of; through	بوسیله ی
century	one hundred years	قرن
certainly	SYN definitely, undoubtedly	قطعاً، یقیناً
communicate	SYN relate, speak, talk	ارتباط برقرار کردن، انتقال دادن
communication	SYN contact, conversation	انتقال، ارتباط
confident	having full assurance; secure and satisfied	مطمئن

<b>consider</b>	to think about carefully	در نظر گرفتن، ملاحظه کردن
<b>countable</b>	SYN computable	قابل شمارش
<b>deaf</b>	partly or totally lacking the sense of hearing	ناشنوا
<b>decide</b>	SYN conclude, determine, negotiate, resolve, settle, solve	تصمیم گرفتن
<b>despite</b>	SYN contrary to	با وجود، علی رغم
<b>develop</b>	SYN increase, enlarge, expand	توسعه دادن، پیشرفت کردن
<b>die</b>	SYN pass away	مردن
<b>difference</b>	SYN distinction, discernment	تفاوت، تمایز
<b>disappear</b>	SYN vanish	ناپدید شدن
<b>early</b>	in the first stage of a time period	زود، اولیه
<b>escape</b>	to free oneself from physical confinement	فرار کردن
<b>exchange</b>	to give or receive (one thing) for another; trade	مبادله کردن
<b>exist</b>	to have being or reality, live	وجود داشتن، موجود بودن
<b>experience</b>	knowledge or skill that you gain from doing a job	تجربه، تجربه کردن
<b>explain</b>	to make clear in speech or writing	توضیح دادن
<b>explanation</b>	SYN analysis, interpretation	توضیح، تفسیر
<b>extra</b>	SYN additional, more, further	اضافی
<b>farming</b>	SYN agriculture	کشاورزی، زراعت
<b>fast</b>	SYN quick, rapid, speedy	سریع
<b>feeling</b>	a physical sensation produced by touch	احساس، حس
<b>fall down</b>	to fall to the ground	سقوط کردن، افتادن
<b>fluent</b>	peaking or writing easily and smoothly	روان، سلیس
<b>foreigner</b>	a person born who is born in or comes from a foreign country	خارجی
<b>form</b>	SYN organize, found, constitute	شکل دادن، تشکیل دادن
<b>fortunately</b>	SYN happily, luckily	خوشبختانه
<b>frequently</b>	SYN often, commonly ANT infrequently	اغلب، مکرراً
<b>give up</b>	to stop trying to do something SYN abandon	دست کشیدن، رها کردن
<b>grade</b>	SYN degree, rank, stage	نمره، رتبه، پایه
<b>grass</b>	a green plant with narrow flat leaves and jointed stems	علف، چمن
<b>greatly</b>	SYN largely, remarkably	زیاد، تا حد زیادی
<b>hardworking</b>	SYN diligent, industrious	سختکوش، پرتلاش
<b>hint</b>	SYN tip	نشانه، اشاره
<b>honest</b>	truthful or sincere	صادق
<b>host</b>	a person who provides hospitality such as food for guests	میزبان، میزبان.....بودن
<b>imagine</b>	to create mental images of	تصور کردن
<b>impossible</b>	not able to happen, exist, or be done	غیرممکن
<b>improve</b>	to increase the quality or condition of; make better	بهبود بخشیدن
<b>information</b>	SYN data, facts	اطلاعات
<b>institute</b>	SYN organization, institution	موسسه

<b>interview</b>	SYN talk, debate, discussion, negotiation	مصاحبه کردن
<b>invite</b>	to politely ask (someone) to attend or come.	دعوت کردن
<b>juice</b>	liquid extracted from a ripe fruit for drinking	آبمیوه، عصاره
<b>keep of</b>	stay away from	دوری کردن
<b>kitchen</b>	a room devoted to the preparation, storage, and cooking of food	آشپزخانه
<b>knowledge</b>	SYN learning, education	علم، دانش
<b>label</b>	SYN tag	برچسپ
<b>look for</b>	SYN search for, seek	جستجو کردن
<b>mainly</b>	SYN chiefly, principally	عمدتاً، اصلی
<b>make up</b>	to constitute or compose	تشکیل شدن
<b>meat</b>	the flesh of animals	گوشت
<b>media</b>	newspapers, television, radio, and other means of mass communication	رسانه
<b>meet the needs of</b>	to solve the needs and expectations of others	برآورده کردن نیاز
<b>mental</b>	relating to the mind	ذهنی
<b>mention</b>	SYN point, remark	اشاره کردن، ذکر کردن
<b>measure</b>	SYN quantify, calculate	اندازه گیری کردن
<b>mind</b>	remembrance	ذهن
<b>mistake</b>	SYN error, wrong	اشتباه
<b>museum</b>	a building where interesting and valuable objects are kept	موزه
<b>native</b>	being the place of birth or origin	بومی، محلی
<b>near</b>	SYN close, nearby ANT far	نزدیک
<b>nearly</b>	SYN just, almost	تقریباً
<b>necessary</b>	SYN essential, indispensable, requisite, vital	لازم، ضروری
<b>notice</b>	SYN announcement, notification, sign	اعلان، توجه
<b>office</b>	a place for conducting business or professional transactions	دفتر کار
<b>orally</b>	in an oral manner SYN verbally	شفاهی
<b>order</b>	SYN command	دستور دادن، سفارش دادن
<b>pack</b>	a package containing (so many) items	بسته، بسته بندی کردن
<b>parking lot</b>	an area where motor vehicles can be parked	محوطه پارکینگ
<b>pattern</b>	SYN design, figure	الگو، طرح
<b>percent</b>	ne part or unit of each hundred	درصد
<b>physical</b>	of the body	بدنی، جسمی
<b>pick</b>	to choose or select from a group	چیدن، برداشتن
<b>plenty</b>	a full provision or supply SYN many	زیاد، فراوان
<b>plural</b>	including more than one	جمع
<b>point</b>	The most important fact or idea	نکته
<b>pollution</b>	the act or process, or an instance, of polluting	آلودگی
<b>popular</b>	SYN famous, well known	محبوب
<b>population</b>	SYN inhabitants, people, public, residents	جمعیت

probable	SYN likely, possible	احتمالی، محتمل
project	SYN plan, program	برنامه، پروژه
quick	SYN fast, immediate, instant, prompt, rapid ANT slow	سریع، چابک
quiet	SYN noiseless, silent ANT clamorous, loud, noisy	آرام، ساکت
quit	SYN to resign; give up, abandon	رها کردن، دست کشیدن
quite	SYN absolutely, completely, entirely, totally, wholly	کاملاً، نسبتاً
range	SYN limit, vary	متغیر بودن، محدود
really	SYN truly, certainly	واقعی، واقعا
respect	SYN regard, admiration, honor	احترام، احترام گذاشتن
region	a large continuous space or area	منطقه
seek	to try to find; search for	جستجو کردن
sign	SYN indication, manifestation, mark, symptom	نشانه، علامت، تابلو
similar	SYN alike ANT different, dissimilar	مشابه
simple	SYN plain, pure, unmixed	ساده
singular	being one; individual or unique	مفرد
skill	SYN art, craft, proficiency	مهارت
smart	SYN intelligent, bright, clever	باهوش، تیز
soap	a cleaning substance	صابون
soup	a liquid food	سوپ
society	SYN community	جامعه
space	SYN opening, room	فضا، جا
specific	SYN particular, special	خاص، ویژه
suggest	SYN offer	پیشنهاد کردن
surfing	the sport of riding the crests of waves	موج سواری
surprising	SYN unexpected; unanticipated	شگفت انگیز، حیرت آور
swim	to move through water by means of bodily motions	شنا کردن
therefore	SYN then	بنابراین
through	SYN along	از راه
tiny	extremely little	ریز، کوچک
turn down	to decrease the power, volume, temperature, or brightness	کم کردن (صدا)
turn up	to increase the power, volume, temperature, or brightness	زیاد کردن (صدا)
turn off	to stop the power or flow of something	خاموش کردن
turn on	to start the power or flow of something	روشن کردن
unit	SYN measure, one	واحد، شمار
useful	SYN handy, practical, serviceable, usable, advantageous, beneficial	مفید، سودمند
valuable	having great material or monetary worth precious, priceless	ارزشمند
value	SYN valuation, worth	ارزش
vary	SYN to change; alter; modify	تفاوت داشتن، متنوع بودن
village	a small town or community in a rural area	روستا

visitor	one who makes a visit	ملاقات کننده
wind	air	باد
wish	SYN desire	آرزو داشتن
without	having none of or no; lacking	بدون
wonderful	SYN admirable, amazing, excellent, extraordinary, marvelous,	شگفت انگیز
wrong	SYN not true, incorrect,	اشتباه